

# First Sunday in Lent

*It is a joy to welcome you to our Cathedral church for worship this Sunday morning and we pray that you will find this to be sacred space as you gather with us. If you are new to our Parish and would like more information about St. Paul's, kindly fill out the Welcome card found in the pew and we will be in touch.*

## 10:00 a.m. CHORAL EUCHARIST (Book of Alternative Services)

Presiding Celebrant: The Very Rev'd Paul Millward

**Sentence** *We shall not live by bread alone, but by every word that proceeds from the mouth of God. Matthew 4:4.*

**Setting** *Mass in a minor* Harold Darke

**Processional Hymn** *The Glory of These Forty Days* Blue Book 170

## THE GATHERING OF THE COMMUNITY

**Greeting** p.185

**Children's Sharing**

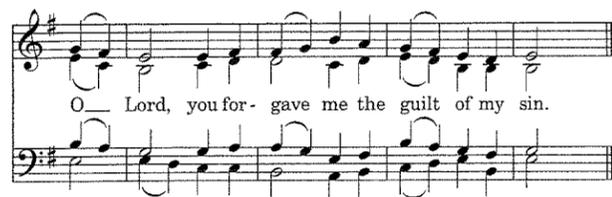
**Collect for Purity**

**The Collect of the Day** Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE PROCLAMATION OF THE WORD

**First Reading** *Genesis 2:15-17; 3:1-7* Pew Bible, Old Testament p.2  
read by Stephanie Allen

**Psalm 32** [BAS p. 742]



**Second Reading** *Romans 5:12-19* Pew Bible, New Testament p.119  
read by Ken Lumpkin

**Gradual Hymn** *Forty Days and Forty Nights* Blue Book 175

**Holy Gospel** *Matthew 4:1-11* Pew Bible, New Testament p.2

**Homily** The Rev'd Deacon Pat Henderson  
The Rev. Canon Keith Nethery

**Apostles' Creed** p.189  
**Prayers of the People** Simon Smithyman  
**Confession & Absolution** p.191  
**Peace** p.192  
**Offertory Hymn** *Giver of the Perfect Gift* Blue Book 180

## THE CELEBRATION OF THE EUCHARIST

**Prayer over the Gifts** God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

**Eucharistic Prayer: 3** p.198

**Holy, Holy, Holy Lord** Sung by the Cathedral Choir

**Lord's Prayer** Blue Book 744

**Breaking of the Bread: 7** p.213

**Communion**

*All baptized persons are welcome to receive Communion. There are two stations for reception: St. David's chapel (North Transept) and the High Altar. Gluten-free hosts are available upon request. For health reasons, please refrain from dipping the host in the chalice.*

*If you wish to receive a blessing please cross your arms over your chest to indicate this at the altar rail.*

*If you wish to receive the sacrament of anointing, please come to the Lady Chapel prior to receiving Holy Eucharist.*

**O Lamb of God** Sung by the Cathedral Choir

**Motet** *Call To Remember* Richard Farrant

**Prayer after Communion** *Please stand*

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

**Doxology** p.214

## Commissioning of Lay Eucharistic Ministers

*Presider:* In the name of this congregation,

**All: we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood.**

**Assure those to whom you go that they continue to be in our thoughts and prayers.**

**Post Communion Hymn** *Once to Every Man and Nation* Blue Book 587  
**Blessing & Dismissal**

**After the service please come for coffee in Cronyn Hall.**

**A Wheelchair Accessible Washroom** is located at the back of the Cathedral.

**Wireless Hearing Assistance Devices** are available at the back of the church and in the hallway through the pulpit door at the front.

**Greeters:** Bob Wood, John & Sylvia Lacon, Liz Sullivan  
**Lay Administrants:** Pat Binnington, Mary Mitches, Gayle Anderson  
**Warden/Past Warden:** Hazil Malone/Carol Grant  
**Next Week's Greeters:** Hazil Malone, Leslie Smith, Jean Willadsen, Lucy Waireri  
**Next Week's Lay Administrants:** Gayle Anderson, Carolle McCluskie, John Shipston  
**Next Week's Readers:** Murray Hunter, Simon Smithyman

**Diocese of Huron Chain of Prayer** - Today we pray for the Regional Ministry of Saugeen Shores, Tara & Chatsworth; St. Paul's Church, Southampton; Christ Church, Tara; and St. John's Church, Port Elgin.

**Intercessions** – Christina, Dan, Janice & Peter, Paul & Anita, Dale & Margaret, Lois, David, Cindy & Paul, Sybil & Ian, Tammy, Brian, Carly, Owen, Harold, those suffering from the Coronavirus especially in China, those preparing for baptism, confirmation, and reaffirmation, Anita, Wayne, Ruth.

## 8:00 a.m. – HOLY COMMUNION IN ST AIDAN'S CHAPEL

The Book of Common Prayer (Burgundy)

*Presiding Celebrant:* The Very Rev'd Paul Millward

**Lord's Prayer** page 67  
**Collect for Purity** page 67  
**Summary of the Law** page 69  
**Collect for The First Sunday in Lent** page 140

**The Epistle** is written in the 5<sup>th</sup> chapter of Romans beginning at the 12<sup>th</sup> verse. Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. **Here endeth the Epistle.**

**The Holy Gospel** is written in the 4<sup>th</sup> chapter of the Gospel according to Saint Matthew beginning at the 1<sup>st</sup> verse. **Glory be to thee, O Lord.** Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’ ” Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’ ” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’ ” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’ ” Then the devil left him, and suddenly angels came and waited on him. **Praise be to thee, O Christ.**

<b>Nicene Creed</b>	page 71
<b>Homily</b>	
<b>Offertory</b>	
<b>Intercessions</b>	page 75
<b>Invitation to Confession</b>	page 76
<b>Confession &amp; Absolution</b>	page 77
<b>Comfortable Words</b>	pages 77-78
<b>Thanksgiving and Consecration</b>	pages 78-83
<b>Peace and Prayer of Humble Access</b>	pages 83-84
<b>Communion</b>	page 84
<b>Lord's Prayer</b>	page 85
<b>Prayer after Communion</b>	pages 85-86
<b>Blessing &amp; Dismissal</b>	

**After the service please come for coffee in Cronyn Hall.**

**Know Your Cathedral Tour** - Today please join Ken and Carol Browne for a tour that will highlight some of the special features of St. Paul's Cathedral. We will meet by the Font near the west doors at 11:30 a.m.

**Marmalade** – There is still a good supply of Seville Orange marmalade for sale. The cost of a 250 ml jar of regular marmalade is \$6.00 with a case of 12 jars costing \$72.00. Marmalade with Scotch Whiskey costs \$7.00 for a 250 ml jar with a case of 12 jars costing \$84.00. Marmalade is available for sale at the jam table in Cronyn Hall at the coffee hour after the 10 a.m. service or from Tim Skinner at the reception desk during the week.

**The Great Musical Tradition of the Anglican Church** Explore and celebrate the great musical tradition of the Anglican Church found in our Common Praise Hymnal this Lenten season right here in the London Deanery! Next week's session, *Voices of the Ancients* is **Sunday, March 8<sup>th</sup>, 2020** at **Huron Chapel** (1349 Western Rd.), **9:00am-9:45am** with Dr. Kate Helsen (lecturer) and Angus Sinclair (musician).

**Invitation – Wednesdays in Lent 6:00pm – Soup Supper – Film & Discussion – Worship: March 4** “Home” @ Trinity, 746 Colborne St.; **March 11** “Joy” @ New St. James, 280 Oxford St. E.; March 18 “Us” @ Redeemer, 1 Frank Place; **March 25** “One” @ St. Andrew Memorial, 55 Foxbar Rd.; and **April 1** “Go” @ St. Paul’s Cathedral, 472 Richmond St.

**Upcoming Workshops:**

**Readers Workshop** – Saturday, March 7, 2020 @ 10:00am conducted by our Vicar, The Rev. Michael DeKay.

**Lay Administrants Workshop** – Saturday, March 7, 2020 @ 11:00am conducted by our Dean, The Very Rev. Paul Millward.

**Intercessor Workshop** Saturday, March 7, 2020 @ 12:00am conducted by our Honorary Priest, The Rev. Canon Marian Haggerty.

It is expected that all lay leadership participate annually in some type of training to enhance important parts of the liturgy. As such, you will not want to miss this teachable moment, and take advantage of this opportunity. Please plan to attend. We will gather in the main church. Thank you so much for your continued faithfulness to these ministries - you are a blessing to many.

**Evening Women’s Group Pot Luck Supper and Guest Speakers – Mark your calendars...for MONDAY, March 9, 6:00 p.m. for 6:30 p.m. (EWG usually gather on Tuesdays)** We are delighted that Bishop Terry Dance and Diane Dance and Bette Ferguson accepted our invitation to be with us to share a meal and tell us about their trip to the Holy Land. A chance for Fellowship and Learning as they share their experiences visiting Israel, the West Bank and Jordan. An event you will not want to miss. Please let Deacon Pat know you are coming so that she can set a place for you at the table. All are welcome to attend.

**WORSHIP SCHEDULE**

**Sunday**

8:00 a.m. Holy Communion (St. Aidan's)  
10:00 a.m. Choral Eucharist

**Weekdays**

Monday – Friday 8:45 a.m. Morning Prayer (St. Aidan's)

**Wednesday**

12:00 Litany of Reconciliation (Cathedral steps)  
12:15 p.m. Holy Eucharist (St. Aidan's)  
7:00 p.m. Holy Eucharist (Cathedral)

*Music at this service is reprinted under OneLicense.net A717939 unless otherwise noted.*



**ST. PAUL'S CATHEDRAL**

LONDON, ONTARIO | ANGLICAN DIOCESE OF HURON

472 RICHMOND STREET, LONDON, ON N6A 3E6 519-434-3225

*We acknowledge that the land on which we gather and in which our diocese serves is the traditional territory of the Anishinaabeg, Haudenosaunee, Attawandaron (Neutral), and Wendat peoples. This territory is covered by the Upper Canada Treaties.*



*Sunday, March 1, 2020*

**The Right Reverend Todd Townshend**  
*Bishop of Huron*

**The Very Reverend Paul Millward**  
*Rector of St. Paul's Cathedral & Dean of Huron*

**The Reverend Michael E. DeKay**  
*Vicar*

**The Reverend Deacon Pat Henderson**  
*Deacon*

**The Reverend Dr. Virginia C. Lane**  
*Honorary Assistant*

**The Reverend Canon Marian Haggerty**  
*Honorary Assistant*

**The Reverend Canon Sharon McCormick**

*Honorary Assistant*  
**Ian Sadler**  
*Director of Music*

**John Fooks, Hazil Malone**  
*Church Wardens*

**Marilyn Freeman, Marilyn Papple**  
*Deputy Church Wardens*

**Patricia Binnington, Gregory Childs**  
*Past Church Wardens*