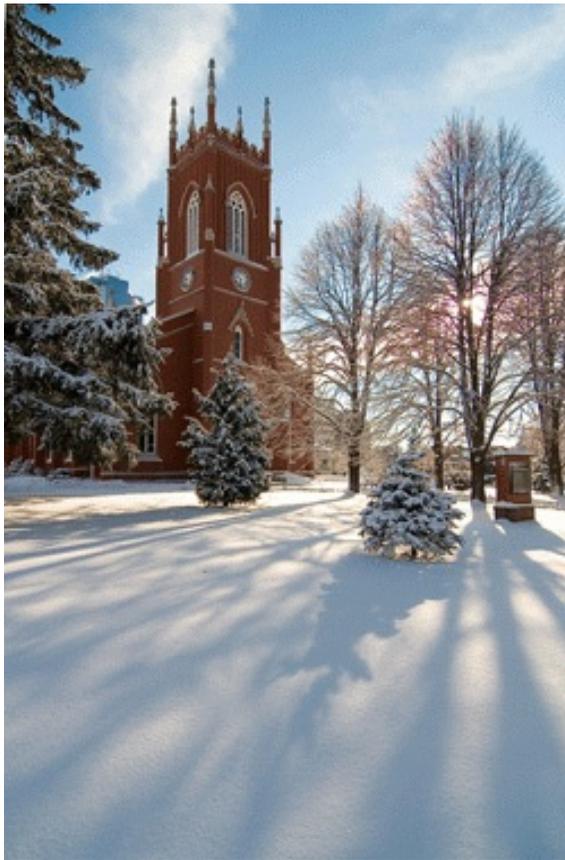


The First Sunday in Lent

10TH, MARCH, 2019



St. Paul's Cathedral

Land Acknowledgement We acknowledge that the land on which we gather and in which our diocese serves is the traditional territory of the Anishinaabeg, Haudenosaunee, Attawandaron (Neutral), and Wendat peoples. This territory is covered by the Upper Canada Treaties.

10:00 a.m. SUNG EUCHARIST (Book of Alternative Services)

Presiding Celebrant *The Very Rev'd Paul Millward*

Sentence *We shall not live by bread alone, but by every word that proceeds from the mouth of God. Matthew 4:4*

Setting *Mass in C*

John Ireland

Introit He shall call on me, and I will hearken unto him: I will deliver him, and will bring him to honour: with lengths of days will I satisfy him.

Processional Hymn *The Glory of These Forty Days*

Blue Book 170

The Gathering of the Community

p.185

Presider: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Children's Sharing

Presider: Bless the Lord who forgives all our sins.

People: **His mercy endures for ever.**

Presider: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord. Amen.**

Confession and Absolution

Presider: Dear Friends in Christ, as we prepare for the Paschal Feast, continuing in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers, let us make ready our hearts to renew the covenant of our baptism. Let us kneel before our Creator and Redeemer.

All Kneel.

Let us ask God to bring to light the things now hidden in darkness, and to disclose to us the secret purposes of our hearts. And most especially, let us remember the covenant of our baptism and test our hearts and conscience to know how faithfully we have persevered in resisting evil, and whenever we fell into sin, have repented and returned to the Lord.

Silence is kept.

Presider: Most merciful God,
All: **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Kyrie, eleison *sung by the Cathedral Choir*

Collect of the Day Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading *Deuteronomy 26:1–11* **Pew Bible, Old Testament p. 141**
read by Ann Tonkin

Psalm 91:7-14 [BAS p. 828] *PLEASE REMAIN SEATED*



Second Reading *Romans 10:8b–13* **Pew Bible, New Testament p.122**
read by Marilyn Papple

Gradual Hymn *Lead Us, Heavenly Father, Lead Us* **Blue Book 564**

Holy Gospel *Luke 4:1–13*

Homily

Nicene Creed

Prayers of the People

The Response to each petition:

Leader: Lord, in your mercy,

People: **Hear our prayer.**

Peace

Offertory Hymn *Giver of the Perfect Gift*

Prayer over the Gifts God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

Eucharistic Prayer: 3

Holy, Holy, Holy Lord

Lord's Prayer

Breaking of the Bread: 7

Communion

Communion Antiphon

He will overshadow you with his pinions, and you will find refuge under his wings. His faithfulness will encompass you with a shield.

Agnus Dei

Motet *Lord For Thy Tender Mercy's Sake*

Prayer after Communion *PLEASE STAND*

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

Doxology

Commissioning of Lay Eucharistic Ministers

Presider: In the name of this congregation,

All: **we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. Assure those to whom you go that they continue to be in our thoughts and prayers.**

Post Communion Hymn *Once to Every Man and Nation*

Blessing & Dismissal

Pew Bible, New Testament p.46

The Rev'd Deacon Pat Henderson

The Rev'd Canon Sharon McCormick

p.188

Hazil Malone

p.192

Blue Book 180

p.198

sung by the Cathedral Choir

Blue Book 744

p.213

(sung by the Cathedral Choir)

sung by the Cathedral Choir

Richard Farrant

p.214

Blue Book 587